



Minutes & Updates: CDNet Steering Committee Meeting Tuesday 10 May 2017, 3.30-5.00pm

Venue: ACT Mental Health Consumer Network, Level 2, Room 11 Griffin Centre, 20 Genge Street, Canberra City

Details of next meetings for 2017 – please note in your diaries	Venue:
<i>Wednesday afternoons 2.00-3.30pm, bi-monthly:</i>	
✓ <i>Wed July 12th 2.00-3.30pm</i>	<i>The Jetty Room, Tuggeranong Community Centre, Communities@Work 245 Cowlshaw St, Greenway ACT 2900 Please note: there is paid parking across the road from the centre and at the Hyperdome Shopping Centre. Contact: Karen Jesson (02) 6293 6597</i>
✓ <i>Wed September 13th 2.00-3.30pm</i> ✓ <i>Wed November 8th 2.00-3.30pm.</i>	<i>ACT Mental Health Consumer Network, Level 2, Room 11 Griffin Centre, 20 Genge Street, Canberra City. Phone: (02) 6230 5796</i>

Present:

Barbara Chevalier	CDNet Secretariat Australian Institute of Sustainable Communities, Uni of Canberra
Geraldine Manser	Queanbeyan City Council
Karen Hammond	CDNet list server administrator; CIT Solutions
Deigh Drexler	ACT Mental Health Consumer Network
Christine Bowman	Health Care Consumers' Association

Apologies:

Holly Catt	Community Health Support Unit
Nasreen Hafesjee	Convenor & Presenter, Community Radio FM 91.1, Women's Program, Yes She Can
Yelin Hung	Health Care Consumers' Association
Andrew Hore	FunnyWorks Oz
Karen Jesson	Communities@Work
Patricia Jones	Smith Family
Samantha Quimby	ACTCOSS

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1 News

- Deigh and Yelin will be away for the July meeting – both overseas.
- Geraldine is moving job with the merger between Queanbeyan and Palerang Councils. She will delegate a new community development officer to attend CDNet Steering Committee meetings.
- Christine will also be finishing up with Health Care Consumers' Association later in the year, however Yelin will continue to represent HCCA at our meetings.
- Nasreen has notified us that she has withdrawn from the Committee for personal reasons.
- We will miss these friends and thank them for their contribution to CDNet's Steering Committee.
- And we will need to send out for Expressions of Interest to join the Steering Committee in the new financial year.

2 CDNet Funding

Following agreement by the Community Services Directorate to fund CDNet for 207-2018, a letter of offer has been received by ACTCOSS for \$13,000 plus GST – which is the same as last year and is adequate for our ongoing activities.

ACTION: Thank Rowan Ford and CSD for their continued support.

Last year's budget is in the process of being reconciled:

- The unspent funds to date will be spent on the Building Resilience Workshop on 27 June (see 3 below).
- The meeting agreed that unspent money be allocated to Karen Hammond for the extra work entailed by the move of the email and website from CASE. In the event, this amount is only \$164.

3 Next CDNet workshop: Building Personal and Professional Resilience

Fran Price from the Resilience Centre has been booked to deliver a half day workshop on 27 June (see workshop details in **Attachment A**.) Fran is Canberra based. For further details see:

<http://www.theresiliencecentre.com.au>

For more about Fran, see: <http://www.theresiliencecentre.com.au/about/meet-our-team/accredited-trainers/fran-price/>

Geraldine and Chris offered to help on the day. Barbara will be overseas but will organise venue, catering and Eventbrite and hand over to Sam Quimby to coordinate on the day, and payment processes afterwards. Karen Jesson has subsequently offered to help on the day. Thanks all!

4 Further possible forums this year

- Evidence based impact measurement for community organisations/workers: a possible forum with Andrew Mears when he will be in Canberra in July.
- Multicultural issues forum - possibly in September.

5 Update: CD Peer Network June 6 meeting

- Notes of the June 6 Community Development Peer Network meeting are attached in a separate document. Items included:
 - Updates about ACTCOSS & CDNet
 - Joanne Dodds – Regional Service Leader, Mercy Health Home & Community Care
 - Community Needs Assessment – Knowledge sharing of Frameworks and Rubrics used to Identify and Prioritise Community Needs
 - Mapping Tools for Knowledge Sharing of Projects and Activities across ACT & Region
 - Peer Networking, Sharing & Support
- Next Meeting will be held in August 2017, 9.30am-11.30am, date and venue to be confirmed.

6 Update on transitioning our email list, website and domain name host

- The transition from CASE to Mailman occurred on 8 May
- The new posting address for CDNet is: cdnet@lists.cdnet.org.au
- The transition was not without problems – two sets of glitches. There were many requests to unsubscribe, to which Karen responded individually. Attachment B carries a letter explaining and apologising sent to the cdnet list on 18 June.

Attachment A: BUILDING PERSONAL AND PROFESSIONAL RESILIENCE WORKSHOP

This workshop will introduce participants to a strengths-based model for building resilience, called the Resilience Doughnut. In the session we will look at how to work together to develop strategies and ideas to build resilience into our personal and professional roles.

WHEN: Tuesday 27th June 2017

Time: 9.30am - 1.30pm - please arrive 10 minutes early so we can start on time

Venue: Griffith Community Centre, 55 Stuart Street, Griffith ACT 2603

Morning tea will be provided, including vegan and gluten free options.

Registration by Friday 23 June 2017 at: https://cdnet_resilienceworkshop27june.eventbrite.com.au

Early bird registration by Friday 16 June 2017: **\$40**

Registration after 16 June: **\$50**

The Resilience Doughnut was developed by Lyn Worsley, a clinical psychologist highly respected for her work with children and adolescents.

The Resilience Doughnut:

- is based on both Australian and international research
- combines both the internal characteristics of an individual and the external influences that
- promote or encourage their resilience to develop
- is great for family support workers, case managers, counsellors, youth workers and young people themselves
- is relevant, helpful and simple to use in your roles

For more information about the Resilience Doughnut, see: www.theresilience-doughnut.com.au

About the presenter:

Fran Price is a Registered Psychologist who has experience working in both the school and private practice settings. She is currently based in Canberra where she enjoys working with children, adults and families to help identify their personal strengths and resources to navigate and negotiate with their surroundings

Find out more about Fran at:

<http://www.theresilience-doughnut.com.au/about/meet-our-team/accredited-trainers/fran-price/>

For further information about the workshop, contact:

Barbara Chevalier barbchev@gmail.com or Sam Quimby samantha.quimby@actcoss.org.au

Attachment B: email sent to CDNet email list re glitches in transfer to new server

From: **Secretariat CDNet Working Group** <Secretariat@cdnet.org.au>
Date: Sun, Jun 18, 2017 at 6:14 PM
Subject: CDNet's troubles are over - sorry for the messy transition to a new server
To: cdnet@lists.cdnet.org.au

We are writing to say that we think – fingers very crossed – that the problems we hit in transferring the CDnet email list to a new server are now sorted. We apologise for the inconvenience they caused, thank you for your patience and hope for smooth sailing from here on.

The glitches have been very frustrating – to us as well as you. They hit in two waves and for different reasons. The first, right at the start of the transfer, took a while to diagnose and fix: there were some 'missing files' that included the digest subscriber file.

And then a second problem was unexpectedly triggered by the mailing list memberships reminder email that automatically gets sent to all subscribers on the first of every month.

While it is not entirely the case that CDNet is run by volunteers (though the Steering Committee are volunteers), we do get a small grant every year from the ACT Government which pays for two hours a week for email list moderation and website administration. (Our grant also covers secretariat hours and funds to put on 2-3 forums or seminars a year.)

So, we don't have a 24-hour IT service: our email list administrator has worked many unpaid hours to sort out the issues and has responded to each person seeking to unsubscribe. But the problems took time to diagnose – with the support team at Mailman, our email mailing list management people, working hard under the bonnet too.

Most of you who asked to be unsubscribed did so because you wanted the daily digest option restored - and in most cases we fixed this on an individual basis.

If you still need to activate your digest option, the new link is at: <https://lists.cdnet.org.au/mailman/options/cdnet> - and it should now work.

Or, you are very welcome to ask us to do this for you - it's the least we can do! But please don't email the cdnet email list – just contact: admin@cdnet.org.au

Meanwhile, just to reiterate the key information in the email we sent out on 8 May:

The most important information is the new posting address for CDNet, which is:
cdnet@lists.cdnet.org.au – please use this posting address for all future posts made to this list
- and ensure you immediately add "@lists.cdnet.org.au" to your accept list to be able to receive all posts made.

A flyer about the CDNet with this new information is at the following link on our website:
http://cdnet.org.au/images/CDNet_Info_1705.pdf

Should you have any questions, please send your query to: admin@cdnet.org.au

Cheers (we hope!), on behalf of the CDNet Steering Committee

Barbara Chevalier
Secretariat, etc.